

PRESS RELEASE

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FREE JOB SEEKERS SUPPORT CLUB & JOB SEARCH WORKSHOPS AT OCC

TOMS RIVER, NJ – If you are out of work or want to change jobs, Ocean County College's Career, Employment and Counseling Services is sponsoring a weekly **Job Seekers Support Club**. Meetings will be held from **9:00 to 10:00 a.m.** on **Monday mornings** from **January 11 to May 24, 2010**, in Room 101D, Library (Building #3), OCC Main Campus, College Drive, Toms River. **There is no meeting on January 18, 2010.** Meetings are free and open to the public.

OCC's Job Seekers Support Club will help you improve your job search strategies, allow you to network with other job seekers, and offer assistance with job seeking advice and job leads.

Career, Employment and Counseling Services, which helps community members, students, and alumni achieve their career, academic, and life goals, will also host **Free Job Search Workshops** from **2:00 to 3:30 p.m.** on the following **Wednesdays** in 2010: **February 10, March 10, April 14, and May 12.** The workshops will be held in Room 114, Instructional Building (Building #6), OCC Main Campus, College Drive, Toms River. Enrollment for each session is limited. Registration is required.

Job Search Workshops will provide an overview of the latest NJ Career Assistance Navigator web site, provided by the New Jersey Department of Labor. NJCAN is a valuable, free tool to use to get an idea of your interests, identify skills you find satisfying, and learn what is important to you in a career. Specific emphasis will be given to the skills assessment tools area and how to use the resulting information to research career options and build a resume.

For more information on the Job Seekers Support Club, or to register for a Free Job Search Workshop, call the OCC Career Center at 732.255.0400, ext. 2945, or visit <http://www.ocean.edu/career.htm>.