

# PRESS RELEASE

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## FREE CAREER AND JOB EXPLORATION TIPS WORKSHOP AT OCC

TOMS RIVER – Looking for a new career? Don't know which job is best suited for you? Are you out of work, planning to change jobs, or exploring educational career paths? Ocean County College's **Career Center** can help! Attend a free **Career and Job Exploration Tips Workshop**. Open to the community. Registration is required.

Workshops are held on **Wednesdays**, from 1:00 to 2:00 p.m., in Room 115, Bartlett Hall (Building #5), OCC Main Campus, College Drive, Toms River. Choose from the following workshop dates: **February 8, March 14, April 11, or May 9**. Enrollment for each session is limited.

These free Career and Job Exploration Tips Workshops will present an overview of the latest New Jersey Career Assistance Navigator (NJCAN) web site. NJCAN is a free public website for career research and exploration available through the New Jersey One Stop Career Shop – Employment and Unemployment Office.

NJCAN is a valuable tool to use for getting an idea of what interests you have, identifying skills you find satisfying to use, and learning what is important to you in a career choice. Specific emphasis will be given on how to use the results from the inventories to research career options.

OCC's Career, Employment, and Counseling Services helps community members, students, and alumni achieve their career, academic, and life goals.

To register or for more information contact Ocean County College's Career Center at 732-255-0400, ext. 2945, or visit us online at [www.ocean.edu/career.htm](http://www.ocean.edu/career.htm).