CINAHL Subject Headings are *controlled vocabulary terms* designed to allow more effective searching of the CINAHL database. They are intended to describe content more accurately, assist in cross referencing, and allow the searcher greater control over detail and subject specificity. Searching CINAHL headings is similar to using a thesaurus.

“Sub Headings” allows the searcher to narrow a topic towards specific factors. For example, “risk factors” or “Drug Therapy.”
Subject terms can also be displayed in "tree view," showing the term’s relationship to other subjects. Use this to find related topics.

Don’t forget you’ll need to access this database through Ocean Cruiser when you are off-campus. Please see a librarian for assistance or visit this link:

http://www.ocean.edu/library/accessdatabases.htm