

## PSYCHOSOCIAL REHABILITATION – A.S.

### JOINT DEGREE WITH RUTGERS – SCHOOL OF HEALTH RELATED PROFESSIONS (SHRP) (Formerly University of Medicine and Dentistry of New Jersey)

#### Prerequisite courses to be completed at Ocean County College:

Students should complete the following 34 credits at OCC with a minimum GPA of 2.5, prior to application for admission to Rutgers – School of Health Related Professions (SHRP) for the professional sequence. The Rutgers – SHRP application deadline for the following FALL term is May 15 and for the following SPRING term is October 15.

ENGL 151 English I	3 cr.
ENGL 152 English II	3 cr.
Humanities – Any GHUM course	3 cr.
PSYC 172 General Psychology	3 cr.
CSIT 110 Computer Literacy <b>OR</b> CSIT 123 Integrated Office Software <b>OR</b> INFO 110 Library Research & Information Literacy	3 cr.
Mathematics – MATH 156 (Intro to Statistics) or Higher	3 cr.
Lab Science (BIOL 114 or BIOL 161 or BIOL 130 Recommended)	4 cr.
SOCI 181 – Intro to Sociology	3 cr.
Any General Education Course(s) from the approved General Education course list	6 cr.
Elective	<u>3 cr.</u>

**Total Credits 34**

Admission to the program also requires a high school diploma or GED.

#### PROFESSIONAL SEQUENCE:

Thirty (30) credits in Psychosocial Rehabilitation to be completed at Rutgers – SHRP campus in Scotch Plains or Stratford, NJ. Total degree credits: 64 credits.

# Psychosocial Rehabilitation A.S.

## FAQ's

### Why study Psychosocial Rehabilitation?

This degree will provide you with the basic skills and rehabilitation techniques to begin a career in assisting practitioners in services and support to people with severe mental illnesses and other disabilities, empowering them to manage their illnesses and live rewarding and productive lives in the community.

### Does OCC offer a degree in Psychosocial Rehabilitation?

Yes. A cooperative program with Rutgers – School of Health Related Professions (SHRP) will allow OCC students to earn an A.S. degree in Psychosocial Rehabilitation by completing thirty-four credits in prerequisite courses at OCC and taking the remainder of their clinical coursework at Rutgers SHRP Scotch Plains or Stratford, NJ campus. Students can complete this program in two years on a full-time basis over 5 semesters (Fall year 1, Spring year 1, Fall year 2, Spring year 2, Summer year 2) or over a longer time frame on a part-time basis.

### Do I need to be a resident of Ocean County to enter the program?

Yes. To participate, students must be a resident of Ocean County and complete a minimum of 34 credits in residence at OCC. Twenty Eight (28) credits must be completed at the point of application and the remaining six (6) done by the start of the clinical program.

### What are the prerequisite courses needed to apply?

ENGL 151 – English I	ENGL 152 – English II
Humanities – Any GHUM Course	PSYC 172 – General Psychology
CSIT 110 – Computer Literacy <b>OR</b> CSIT 123 – Integrated Office Software <b>OR</b> INFO 110 – Library Research & Information Literacy	Mathematics – MATH 156 (Intro. to Statistics) or Higher
Lab Science – (BIOL 114 – Principles of Biological Science <b>OR</b> BIOL 161 – General Biology I <b>OR</b> BIOL 130 – Human Anatomy & Physiology I Recommended)	SOCI 181 – Intro. to Sociology
Any General Education Course (s) from the approved General Education course list (6 cr.)	Elective (3 cr.)

### Professional Sequence:

Thirty (30) credits in Psychosocial Rehabilitation are completed at the **Rutgers – SHRP Campus in Scotch Plains or Stratford**. Total degree credits: 64 credits.

**Is there a minimum GPA required to be accepted into the program?**

Yes. A minimum GPA of 2.5 in general education courses is required before starting the professional phase of the program.

**How far is the commute to Rutgers SHRP Scotch Plains Campus and the Stratford Campus?**

The commute time to the Rutgers Scotch Plains Campus is approximately one hour (59 miles) from Toms River and is 5 miles west of exit 135 of the Garden State Parkway.

The commute time to the Rutgers Stratford Campus is approximately one hour 18 minutes (54 miles) from Toms River.

**Does OCC admit students into the program?**

No. All admissions decisions are made by Rutgers. Note admission is very competitive.

**How do I begin?**

Start by applying to Ocean County College and enrolling in prerequisite courses. Complete and submit the Student Information Sheet for the A.S. degree in Psychosocial Rehabilitation.