

STUDENT SUCCESS SKILL SHEET

How to Overcome Writer's Block



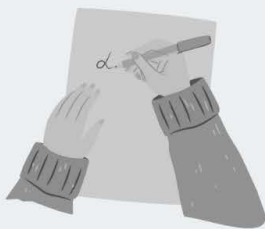
Writer's block may be caused by being overwhelmed or stressed. In that case, it's best to **step away** from your assignment. **Take a walk, listen to some music**, etc. Once you've relaxed, return to the assignment with a clear head!



Writer's block may also be caused by confusion. Ask yourself the following questions:

- **Do I know what's being asked of me?**
- **Do I know how to address the essay's prompt?**

If the answer is no, **reach out to your professor** for further clarity!



Another easy cure is to **write anything**. Staring at a blank page can be intimidating, and you'll start feeling better once you get past it. **Let your first draft be messy** (that's what revising is for)! Our best ideas often happen when we're *not* aiming for perfection.