

OCEAN COUNTY COLLEGE RESOURCE LIST



Ocean County College (OCC) is committed to the well-being and success of all our community members.

In the interest of providing communal support, we've developed this comprehensive resource list. If you require further guidance, please **submit a CARE**

Team Referral.

Free OCC Student Resources

Academic

Disability Services

- Email: accommodations@ocean.edu
- Call: 732-255-0456

Library Services

- Call: 732-255-0392

Student Success Team

- Schedule an Appointment
- Email: Success@ocean.edu
- Call: 732-255-0400 x4625 (GOAL)

The Tutoring Center

- Schedule an Appointment
- Email: writingcenter@ocean.edu
- Call: 732-255-0400 x 2431

Veteran & Military Resource Center (VMRC)

- Email: veterans@ocean.edu
- Call: 732-255-0400 x 2080

Basic/ Financial Needs

The FIPSE Grant Basic Needs/ Emergency Fund

- Apply Now

The Foundation

- Call: 732-255-0492

OCC Helping Hands

- Email: HelpingHands@ocean.edu
- Call: 732-255-0348

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Free OCC Student Resources

Mental Health

The Counseling Center

- [Schedule an Appointment](#)
- Email: Counselingservices@ocean.edu
- Call: 732-255-0400 ext. 2911

UWill

- UWill offers a virtual platform for students to access FREE counseling, from anywhere, any time. Students can schedule their first teletherapy session quickly, using their OCC email.

TalkCampus

- TalkCampus is a free, anonymous, 24/7 peer-to-peer student support app where you can talk with other students from around the world about the ups and downs of life.

Safety

Campus Safety and Security

- [Report a Concern](#)
- Call: 732-255-0451 or 732-255-0400 x 2200

The Office of Student Conduct

- [Report a Concern](#)

Title IX

- [Report a Concern](#)



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Community Resources

Basic Needs

- [Ocean County Board of Social Services](#)
 - Call: 732-349-1500
- [Ocean County Department of Human Services](#)
 - Call: 732-244-2121
- [The Mental Health Association in New Jersey \(MHANJ\) in Ocean County](#)
 - Call: 732-244-0940
- [Lakewood Resources & Referral Center](#)
 - Call: 732-942-9292
- [Seeds of Services](#)
 - Call: 732-746-3456

Child & Family Care

- [Children's Home Society](#)
- [Child Care NJ](#)
- [NJ Family Care](#)

Crisis Resources

- **Domestic Violence Services**
 - [Domestic Violence Hotline](#):
 - Call: 1-800-799-SAFE (7233)
- **LGBTQ Services**
 - [The Trevor Project Helpline](#):
 - Call: 1-866-488-7386
 - [LGBT National Helpline](#):
 - Call: 1-888-843-4564

Sexual Violence Services

- Rape Crisis Hotline:
 - Call: 1-888-264-RAPE (7273)
- New Jersey Coalition against Sexual Assault:
 - Call: 1-800-601-7200
- RAINN & National Sexual Assault:
 - Call: 1-800-656-HOPE (4673)

Substance Use Disorder Resources

- Addictions Hotline:
 - Call: 1-800-238-2333
- Substance Abuse Treatment Referral Hotline:
 - 1-800-662-HELP (4357)

Suicide/Crisis Hotlines

- National Suicide Prevention Lifeline
 - Call or Text: 988
- Veteran's Services
 - Call: 988
 - Text: 838255

Youth and Young Adults

- Youth Resource 2nd Floor Youth Helpline:
 - Call: 1-888-222-2228
- Child Abuse/Neglect:
 - Call: 1-877-NJABUSE(652-2873)



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Food Assistance

- [Fulfill](#)
 - Call: 732-918-2600
 - Email: main@fulfillnj.org
- [JBJ Soul Kitchen Community Restaurant](#)
- [Potter's Pantry](#)
- [The Hope Center](#)
 - Call: 732-341-4447

Housing/ Shelter

- [Providence House](#)
 - Call: 1-800-246-8910
- [Family Promise of the Jersey Shore](#)
 - Call: 609-994-3317
- [Code Blue Warming Centers](#)
 - Call: 211 or 1-877-652-1148
- [Ocean County Board of Social Services](#)
 - Call: (732) 349-1500

Immigration

- [American Civil Liberties Union \(ACLU\) Know Your Rights](#)
- [ACLU NJ Know Your Rights](#)
- [ACLU NJ Immigration Enforcement Guidance for Schools](#)
- [ACLU Know Your Rights: Immigration Enforcement](#)
- [DHS U.S. Citizenship and Immigration Services News and Alerts](#)
- [DIRE – Deportation & Immigration Response Equipo](#)
- [Know Your Rights Red Cards](#)
- [National Immigration Law Center](#)
- [National Immigrant Justice Center](#)
- [NJ Alliance for Immigration Justice](#)
- [Make the Road New Jersey](#)
- [Policies, advisories, and executive orders regarding immigrant issues](#)
- [Wind of the Spirit \(NJ\)](#)



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Mental Health Services

- [Bright Harbor Healthcare](#)
- [CREST \(Community Resource for Emergency Support & Treatment\)](#)
 - Call: [732-240-3760](tel:732-240-3760)
- [Preferred Behavioral Health Group](#)
 - Call: [732-367-4700](tel:732-367-4700)

Sexual Assault/ Violence Services

- [St. Francis Counseling Service](#)
 - Call: [609-494-8861](tel:609-494-8861)
 - Hotline: [609-494-1090](tel:609-494-1090)
- [Dream Free \(Human Trafficking Services\)](#)
 - Call: [1-800-286-4184](tel:1-800-286-4184)
- [Ocean County Prosecutor's Office
Victim-Witness Counselor](#)
 - [732-929-2027](tel:732-929-2027) ext. 3244

Substance Use Services

- [Bright Harbor Healthcare](#)
 - Call: [732-575-1111](tel:732-575-1111)
- [Preferred Behavioral Health Group](#)
 - Call: [732-367-4700](tel:732-367-4700)
- [HOPE Sheds Light](#)
 - Call: [732-244-0783](tel:732-244-0783)
 - Toll Free Helpline: [855-850-HOPE \(4673\)](tel:855-850-HOPE)
- [Ocean County Health Department](#)
 - Call: [732-341-9700](tel:732-341-9700)
- [12 Step Meetings](#)
 - [AA in NJ Meeting Finder](#)
 - [Narcotics Anonymous NA in NJ Meeting Finder](#)
- [Gamblers Anonymous Council on Compulsive Gambling NJ](#)
- [The MHANJ Peer Recovery WarmLine](#)
 - Call: [877-292-5588](tel:877-292-5588)
- [SMART Recovery](#)

Visit BASICNEEDS.NJ.GOV
for More Resource Options

