



Displaced Homemakers Program

Rising Together Peer Book Club

Exclusively for individuals navigating life transitions as displaced homemakers.

For a long time, your energy went into caring for others. This space will be dedicated entirely to you—a supportive, low pressure environment to focus on self-esteem, rebuild confidence, and reclaim the path forward with the bonus of coming together and meeting other members.

MEET YOUR PEERS

DATE: Thursday August 27, 2026

TIME: 6:00 – 7:00 pm

PLACE: Ocean County College
Building 3, Library, room 110

BOOK DISCUSSION

DATE: Thursday, October 1, 2026

TIME: 6:00 -7:00 pm

PLACE: Ocean County College
Building 3, Library, room 110

HOW IT WORKS

- Program staff will provide the empowering practical book.
- There will be 2 meetings set a month apart.
- Meet your Peers: The first meeting will require no reading. We will simply meet to introduce ourselves, set a few comfort guidelines, and hand out the book.
- Participants will independently read the book over the next month.
- Book Discussion day: We will come together to discuss the book, share our take away and how the ideas and information resonate

This workshop series will kick off with *The Confidence Code*; Katty Kay & Claire Shipman: *“There is a quality that sets some people apart. It is hard to define but easy to recognize. With it, you can take on the world, without it, you live stuck at the starting block of your potential”*

Register: <https://www.eventbrite.com/e/1996110570450?aff=oddtcreator>